**Dear Families,**

Stephenstown, Balbriggan, Co Dublin. K32AX94

*Baile Stiofáin, Baile Brigín, Co. BÁC.* K32AX94

**Please see updated HSE information regarding covid 19 symptoms**

**Symptoms of Covid 19 and What to do**

If you have [symptoms of COVID-19](https://www2.hse.ie/conditions/covid19/symptoms/overview/), and are aged 4 to 39 you should use antigen tests. Do not book a PCR test. You can book antigen tests online from the HSE. Only book 1 kit per person.

Follow this link to book antigen tests:

<https://www.hse.ie/antigentesting/>

You also need to self-isolate (stay in your room). There is a high risk you could spread the virus. Follow this advice even if you had your first round of COVID-19 vaccines, a booster, or a positive PCR test in the past 3 months.

**How to do your antigen tests**

You need to do 3 antigen tests.

Do the first one as soon as possible. Do the second test 24 hours later. Do the third test 24 hours after that. If any of your antigen tests are positive, you need to[self-isolate (stay in your room)](https://www2.hse.ie/conditions/covid19/restricted-movements/how-to-self-isolate/) and [book a PCR test](https://covid19test.healthservice.ie/hse-self-referral/).

***If you get 3 negative (not detected) antigen test results, continue to self-isolate until you have not had symptoms for 48 hours. You may then return to school.***

A negative antigen test does not mean that you do not have COVID-19.

If you have an invalid test result, do another antigen test.

**Self-isolation**

You need to[self-isolate (stay in your room)](https://www2.hse.ie/conditions/covid19/restricted-movements/how-to-self-isolate/).

Further information can be found at:<https://www2.hse.ie/conditions/covid19/testing/get-tested/>

We appreciate your cooperation with the above.

Kind regards

Deirdre Corcoran