**Dear Families,**

Stephenstown, Balbriggan, Co Dublin. K32AX94

*Baile Stiofáin, Baile Brigín, Co. BÁC.* K32AX94

**Please see updated HSE information regarding covid 19 symptoms**

**Symptoms of Covid 19 and What to do**

If you are over 39 (that is, 40 or older) and have [symptoms of COVID-19](https://www2.hse.ie/conditions/covid19/symptoms/overview/), [book a PCR test](https://covid19test.healthservice.ie/hse-self-referral/). Do not book antigen tests.

You also need to self-isolate (stay in your room). There is a high risk you could spread the virus.

Follow this advice even if you had your first round of COVID-19 vaccines, a booster, or a positive PCR test in the past 3 months.

[**Book a PCR test**](https://covid19test.healthservice.ie/hse-self-referral/)

**Testing**

You need to [book a PCR test](https://covid19test.healthservice.ie/hse-self-referral/).

Further information can be found at:<https://www2.hse.ie/conditions/covid19/testing/get-tested/>

We appreciate your cooperation with the above.

Kind regards

Deirdre Corcoran